

**GISP 0003:  
COMPASSION  
IN MEDICINE**



# Course Overview

- Philosophy of Compassion
- Neuroscience of Empathy
- Contemplative Studies
- Physician-Patient Communication
- Panel of Health Care Professionals
- Conveying Compassion Across Differences
- Verbal/Nonverbal Communication Workshop
- Holistic Care and Alternative Treatments
- Hospice, House Calls, End of Life Care
- Narrative Medicine
- Practical Component



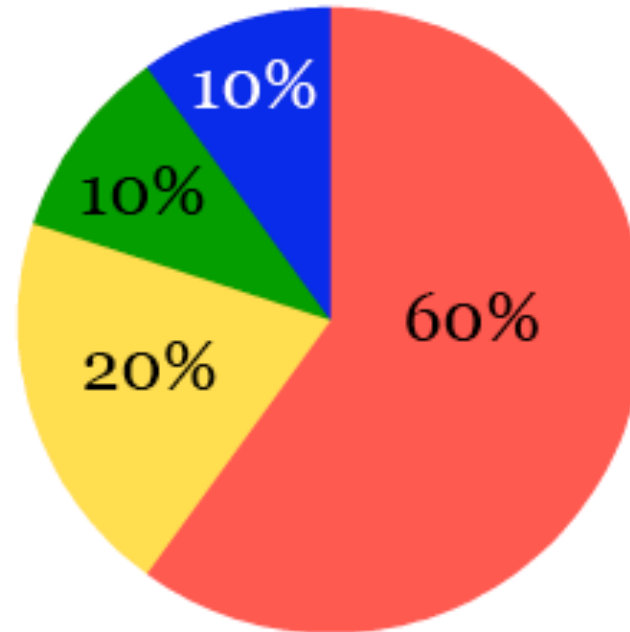
# Practicum

- Rhode Island Free Clinic - Check in/Check out
- Psychiatry and negative experience in contemplative practice
- Treating youth with psychiatric problems through eastern methods
- Volunteering doing arts and crafts at the Ronald McDonald House
- Rhode Island Free Clinic- Brown Vision Initiative compared with dental office communication
- Rhode Island Free Clinic - Medical recorder
- Rhode Island Hospital ER shadowing
- Rhode Island Free Clinic- Prescription Assistance Program



# Factors in Health

- Psychology
- Biology
- Physiology
- Ecology



# Models of Medicine

## Western/Reductionist

- Disease-driven
- Fixing patients
- Body is a machine
- Physician as authority

## Eastern/Holistic

- Patient-driven
- Balancing patients
- Body is a system
- Physician as advisor

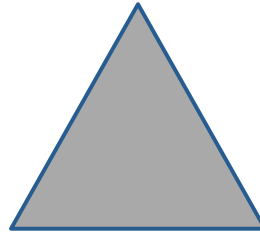


# Continuum of Health



Disease

Health



Reductionist model

Holistic model



**Person 1: Patient**  
**Person 2: Physician**



Person 2

SECRET:

You are the physician; your goal is to understand person 1's wellbeing in terms of sleep and nutrition; feel free to ask specific questions.





# Questions for Person 2

1. How would you rate their sleep and nutrition quality?
2. What did you use to decide this?
3. Were specific questions and quantitative measures sufficient, or did Person 1's narration influence your decision?

